

Positive Alternatives 2014 - 15 Quarterly Update

Grantee: NORTH SIDE LIFE CARE CENTER

Goal: To provide quality prenatal care to women who may otherwise experience barriers to access, and to offer support services both before and after birth

For the period: Oct – Dec 2015

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Case Management Services	Enroll clients in educational incentive program and set goals; meet with clients at least monthly	80	Clients really get motivated once they've started Small Steps, setting goals and working on reaching them.	115
Crib Distribution/ Sleep Safety Education	Provide safe sleep information to all clinic patients and to educational incentive program clients who select it; provide crib/Pack n Play to incentive program clients who earn one	8	Clients are appreciative of the Safe Sleep program and the pre and post testing of memory and comprehension.	23
Education Assistance	Enroll client in educational incentive program; set ESL, GED or other educational goal; meet with clients to assess progress and meet goals	5	2 clients are now college students and are doing well. Others are working on GED or Diplomas.	6
Employment Assistance	Enroll client in educational incentive program; set employment goals such as working on resume or applying for job; meet with clients to assess progress and meet goals	6	Several clients are working part time during their pregnancies.	5
Life-Skills Education Program	Enroll client educational incentive program; meet with clients to complete assignments and assess progress; clients work on life skills	25	We have had positive responses to both the Chastity and Adoption packets. More clients are working on eating healthy on a budget, and on budgeting in general.	41

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Mental Health	Provide prenatal patients with mental health assessment at their second OB visit, at 26 weeks and at 36 weeks; refer patients needing additional mental health counseling	25	All prenatal patients fill out a depression screen (PHQ9) 3 times during pregnancy and more if needed.	24
Nutrition	Provide prenatal vitamins to eligible clients who need them	50	All positive test clients are given prenatal vitamins. Clinic patients are given as needed.	26
Parenting Education	Enroll client in educational incentive program; set goals; provide parenting education; Meet individually with client to complete assignments and assess progress	60	Our breastfeeding packet has been well received and clients are breastfeeding beyond 6 months – 1 year.	143
Prenatal medical care	Nurse midwives provide prenatal care and center staff provides support services to patients	25	Our new OB patients meet with education nurse, Certified Nurse Midwife, counselor and have labs at their first appointment. CNM is from Fairview, NSLCC provides support.	11
Provide Necessary Services Assessments Only	Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services	50	All new clients receive referrals for ne at our center.eds we are unable to meet	60

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	1
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	13
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	3
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	26

Challenges: The pregnancy rate in Minnesota has dropped. This affects both our prenatal medical care and nutrition numbers.

Comments: